

Program Timetable T 1,2026

	Age	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tumble Tots	2-3yrs	9.30am - 10.30am		9.30am - 10.30am			
Tiny Tumblers	4-5yrs	10.30am - 11.30am		10.30am - 11.30am			
Recreational Tramp & Tumbling							
Beginner	7-9 yrs	4pm - 5.30pm		4pm - 5.30pm		4pm - 5.30pm	
	9-12yrs	4pm - 5.30pm		4pm - 5.30pm		4pm - 5.30pm	
Intermediate	8-10yrs		4.30pm - 6pm		4.30pm - 6pm	4.30pm - 6pm	8.30am - 10.00am
	11-13yrs		4.30pm - 6pm		4.30pm - 6pm	4.30pm - 6pm	8.30am - 10.00am
Advance	13yrs+			5.30pm - 7.30pm			10am - 12pm
Trampoline for Dance & Aerial Movement	7yrs+				6pm - 7.30pm		
Adult Trampoline	17yrs+			6pm - 8pm		6pm - 8pm	
Tramp Mobility	5-17yrs			3.15pm - 4.00pm			12pm-12.45pm
	Adult					12pm-12.45pm	
Coaches Class				7.30pm - 9.00pm			

Competition Trampoline

	Age	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pathway Tumbling							
Foundations 2-3x/week	5-6yrs			4pm - 6pm		4pm - 6pm	8.00am - 10.00am
Foundations 2-3x/week	7-8yrs			4pm - 6pm		4pm - 6pm	8.00am - 10.00am
Intermediate 3-4x/week	6-8/9yrs	5pm - 7.30pm		5pm - 7.30pm	5pm - 7.30pm	5pm - 7.30pm	
Advance 4x/week	8-10yrs	5pm - 7.30pm		5pm - 7.30pm	5pm - 7.30pm	5pm - 7.30pm	
High performance youth 4x/week	10-12/13yrs	5pm - 8pm		5pm - 8pm	5pm - 8pm	5pm - 8.00pm	
High performance juniors + 4-6x/week (incl. Hunter Sports High School)	12+yrs	5pm - 8pm		5pm - 8pm	5pm - 8pm	5pm - 8pm	

Pathway Tramp & Double Mini							
Foundations 2-3x/week	5-6yrs	4pm - 6pm		4pm - 6pm			8.00am - 10.00am
Foundations 2-3x/week	7-8yrs	4pm - 6pm		4pm - 6pm			8.00am - 10.00am
Intermediate 3-4x/week	7-8/9yrs		5pm - 7.30pm	5pm - 7.30pm		5pm - 7.30pm	10am - 12.30 pm
Advance 4x/week	8-10yrs		5pm - 7.30pm	5pm - 7.30pm		5pm - 7.30pm	10am - 12.30 pm
High performance youth 4x/week	10-12/13yrs		5pm - 8.00pm	5pm - 8.00pm		5pm - 8.00pm	10am - 1pm
High performance juniors + 4-6x/week (incl. Hunter Sports High School)	12+yrs		5pm - 8.00pm	5pm - 8.00pm		5pm - 8.00pm	10am - 1pm

Terms and Conditions

BOOKINGS

Bookings are subject to current availability. Classes are booked by selecting a day and time for the 10-week term and attending that session each week. If numbers don't meet the minimum requirements HSC reserves the right to modify program timetable. Participants may join mid term and fees will be prorated

MAKE UP CLASSES

Please note that make up lessons are not guaranteed and are subject to program dates, times, available positions and our makeup lesson policy

Recreational Members can access a make-up lesson within the term on sufficient notification of absence (at least 1-day prior notice of absence) if they are up to date with class fees. Make-up lessons do not roll over from the current term to the next.

Competition Members make-up classes are **not available** for competition programs due to the structured nature of training fees have been structured. Any extended absence must be discussed with management and approved credit applied.

HOW TO BOOK MAKE UP CLASSES

Bookings are essential for all make-up lessons. Please call or email the centre to book a makeup lesson